

TOUCHSTONE GALLERY

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Wed-Fri 11.00-5.00 • Sat-Sun 12.00-5.00

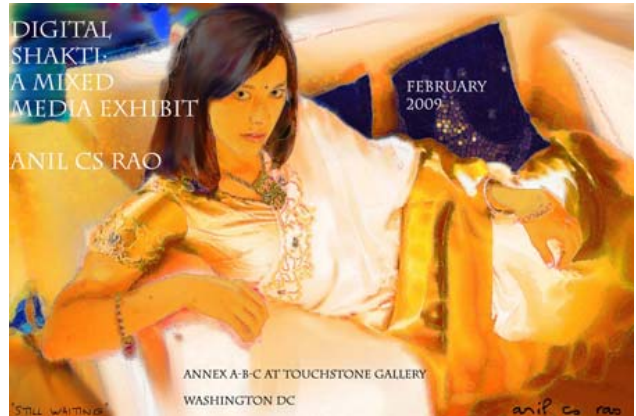
FOR IMMEDIATE RELEASE:

Annex A, B and C at Touchstone Gallery

DIGITAL SHAKTI A Mixed Media Exhibit

February 11 – March 7, 2009

Artists Statement
Anil CS Rao



Desires - especially those that are only satisfied through sense gratification - form nebulae in the galaxy of the human mind. Societal constraints and taboos aside, the mind is conscious of a plethora of dimensions that exist in and out of time and space upon complete yielding to sense gratification / addictions.

When these dimensions are rejected / discarded, one is brought back to what the Modern Shaman Michael Harner refers to as "ordinary reality". So the idea was to paint the "out of body experience" on canvases to preserve them.

If the artist had to name a "guru" - it would have to be Michael Harner and his de-facto "Bible": THE WAY OF THE SHAMAN. In lieu of beating drums and chemical substances - the simple repetition of the "mantra" -

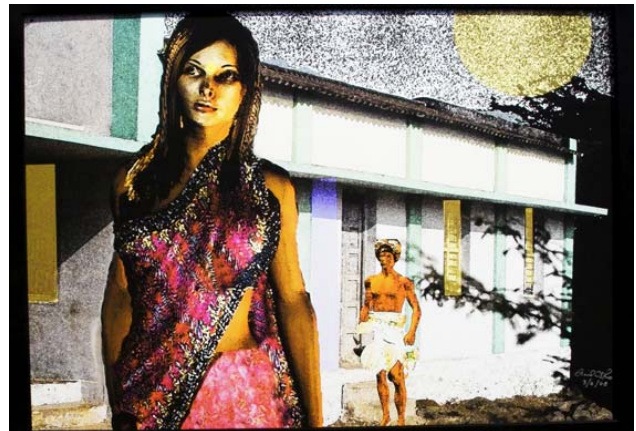
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- is used to travel out of body, and sometimes, out of time and space.

I need to clarify "yielding": one must live at all times within the laws and rules of conduct of any given society one wishes to participate with in a positive direction.

As per the mindset of Walter Mitty : "Its all in the mind" (imagination).

Enjoy the "nebulae" in the galaxy of Anil CS Raos work for this show titled "**DIGITAL SHAKTI: A Mixed Media Exhibit**"



Composed by Anil CS Rao